

CLIENT TREATMENT PROTOCOLS



PRE-SCREENING

You will be asked to provide consent on booking and complete a declaration form on the day of your appointment- stating that you do not have any COVID 19 symptoms or been in contact with anyone that has in the last 14 days



HIGHER RISK
please inform your therapist



FRONTLINE WORKER
change out of work clothes



WORKING OUT FIRST
please shower and change into clean clothes



ARRIVE ON TIME & ALONE
wait outside the front door or the allocated area inside. No more than 5 mins early



MASK
worn at all times, option to remove when face down



GEL/WASH
your hands on arrival and leaving



TEMPERATURE
will be taken and recorded



TOWEL & WATER
bring your own (NONE PROVIDED)



BELONGINGS
place on chair or box provided



PAYMENT
cash, cheque or bank transfer



TOILET AVAILABLE
use allocated
TREATMENT ROOM TOILET ONLY